

Home and Community Based Services Settings Final Rule

A Fact Sheet for Individuals, Families, and Advocates

Your Life and Your Services

Colorado Medicaid pays for services and supports to help you live in the community. These services may be provided in your home, workplace, or day program setting. New federal rules related to Home and Community Based Services Settings have been created to ensure you receive the best services possible, with the following characteristics.

- > You select the type of service and location.
- You decide if you want a roommate or not, and if so, who your roommate will be.
- You choose the activities you would like to participate in, such as going to church, seeing a movie, or going to the store.
- You have the opportunity to work in the community with other people who have disabilities, and those who do not.
- You are able to save and spend your money as you want.



Main Components of This Rule

Settings Requirements

The new Home and Community Based Services (HCBS) settings requirements ensure that you have the opportunity to be fully integrated into your community. Your HCBS setting should have the following characteristics:

- Integration: Where you receive services must provide full access for you to be integrated into your community.
- **Choice:** You may live where and with whom you would like to live.
- Rights: You have the right to privacy, dignity, respect, and freedom from coercion and restraint.
- Independence: Your service provider must support your choices, and help you make decisions regarding the services you receive, as well as your day to day activities.

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Person-Centeredness

Person-Centeredness requires that you have the choice to identify areas your service plan should address.

- > Your service plan meeting should:
 - Be led by you and include people you wish to participate in the process.
 - Be timely and occur at a time and location that works for you.
- > Your service plan should:
 - Use language you understand.
 - o Include strategies for solving disagreements.
 - o Offer choices about the services and supports you receive.
 - Include contact information to update your plan, or for general questions.

The table below provides a summary of characteristics of homes and workplaces or day programs that follow the new rule.

Characteristics of the Home	Characteristics of the workplace/day program
 It's part of the community. You may be active in the community. You may go into the community when you want. You may choose your roommates. You may decorate how you choose. You have legal protections and rights. You may access all shared living space in the home. You have privacy. You may have visitors when you want. You may eat when you want. You may spend your money how you want. 	 It's part of the community. You choose if you want to work and where. You have input on hours and schedules. You may choose to volunteer. You receive supports to work or volunteer. You may interact with people with and without disabilities.

Questions or concerns?

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