

Hepatitis C and Colorado

Hepatitis C

Hepatitis C is an infection caused by the hepatitis C virus. Hepatitis means swelling of the liver. The hepatitis C virus is spread when infected blood comes in contact with another person's blood. Less than ¼ of people will clear the virus from their body.

Current or past infection is detected by a blood test. Anyone that has ever been infected with the hepatitis C virus will test positive for the antibody to the hepatitis C virus. There is no vaccine to prevent hepatitis C infection.

What does Hepatitis C Infection Do?

Hepatitis C is called a "silent infection". Only 20%-30% of newly infected people have symptoms. Symptoms are mild and not likely to prompt a medical visit. This makes new infections hard to detect. People with other health concerns or who have been infected for nearly 20 years may experience episodes of low energy, dark urine, joint pain, loss of appetite, and abdominal pain. Even without symptoms, the virus can damage the liver. Up to 5% of people that carry the hepatitis C virus will suffer from cirrhosis, chronic liver disease, or liver cancer.

Who's Infected with the Hepatitis C Virus?

Prior to the early 1990s, people were often infected as a result of blood transfusions or the use of blood products. In 1992, a screening test was developed to identify the virus, and this type of infection is now rare.

Most new cases today are the result of sharing among fellow drug users. This includes sharing the drugs, needles or other tools for preparing and injecting drugs. The U.S. Centers for Disease Control and Prevention also continues to investigate cases related to healthcare settings.

The Burden of Disease

The Colorado Department of Public Health and Environment estimates that 78,718 Coloradoans have ever been infected with hepatitis C. Nearly 64,000 Coloradoans are currently living with the infection. Since 1992, more than 43,000 hepatitis C cases were identified among Colorado residents. The number of individuals infected with the hepatitis C virus for 20 years or more is expected to peak in 2015. Many of these people still aren't aware of their infection and need to be tested.

Colorado's Response to Hepatitis C Infection

The Colorado Department of Public Health and Environment (CDPHE) partners with community based organizations and local health departments throughout the state to:

Promote hepatitis C testing for those at greatest risk of infection;

Monitor the burden of hepatitis C in the community;

Educate those at risk and the general public about hepatitis C, and

Provide outreach services that link people to treatment.

In 2008/2009, CDPHE funded 12 sites to provide hepatitis C testing to clients at high-risk of infection. Sixteen percent the people tested positive for the hepatitis C virus. Many of these people were also offered free hepatitis A and B vaccine.

WELCOME TO THE HEP C CONNECTION RESOURCE GUIDE

June 2008 Update

We hope that this Resource Guide will be helpful to you in your ongoing search for the latest information and resources. Please remember that resources are constantly changing and it is impossible to include every listing and to keep all the information accurate. Please help us to make this directory more comprehensive by submitting additions or corrections to: (720) 917-3960 or <u>info@hepc-connection.org</u>. Also check our website for the latest updates: <u>www.hepc-connection.org</u>.

Any agency or service listed here is not necessarily endorsed by Hep C Connection but is provided solely as helpful information. Hep C Connection assumes no liability for the use of any service or product mentioned. Always consult your physician for medical advice.

You are always welcome to call our office and ask for assistance in locating resources. Keep in mind:

- ✓ Be prepared. Get your information together before you place a call or schedule an appointment.
- ✓ Stay organized. Develop a notebook or file and keep everything together in one spot. (A shoebox is better than nothing!)
- Keep good records. Write down names, phone numbers, dates and what information you receive. Keep copies of everything: letters, insurance forms, and applications that you fill out.
- ✓ Stay positive. The system can be difficult. You may encounter delays, wrong information, unhelpful people, etc. Keep trying and find people who know the system and can help you. Learn to speak up for yourself and express your needs calmly and clearly.
- ✓ And finally, remember, you are not alone. There are people here to help and support you.

TABLE OF CONTENTS

HEPATITIS C INFORMATION	Pages 3 - 8
Hep C Connection	
Testing Sites	
Viral Hepatitis Program, CDPHE Co-Infection	
Information about Hepatitis C	
Clinical Trials	
Pharmaceutical Assistance	
Transplant Information	
Vaccines for Hepatitis A and B	
AGENCIES FOR PEOPLE WITH DISABILITIES	Page 8
COUNSELING/MENTAL HEALTH	Pages 9 - 10
DOMESTIC VIOLENCE	Pages 10 - 11
EMPLOYMENT	Pages 11 - 13
EXERCISE CLASSES	Page 13
FINANCIAL & FOOD HELP	Pages 13 - 14
HEALTH CARE for low income/no insurance	Pages 14 - 19
HOUSING/SHELTERS	Pages 20 - 21
INSURANCE, Medicare, Medicaid	Page 21
LEGAL HELP	Pages 21 - 22
MASSAGE	Page 22
PRISONER RE-ENTRY SERVICES	Pages 22 - 23

SUBSTANCE ABUSE	Page 23
SYRINGES	Page 25
TESTING FOR HEPATITIS C	Pages 3 - 4
TRANSPORTATION	Page 24
WEBSITES	Pages 24 - 27

HEPATITIS C INFORMATION

Hep C Connection HelpLine: 1-800-522-HEPC www.hepc-connection.org or info@hepc-connection.org

Hep C Connection is a nationally recognized organization whose mission is to educate the general public about hepatitis C and to provide resources and support for those affected by the virus. Our Hepatitis HelpLine offers confidential information, support, and referrals to community resources, physicians, and local support groups. We also provide a monthly e-newsletter, a website, information packets, educational trainings, community outreach, and advocacy. Volunteers are needed. Call 303-860-0800 for more information.

The following support groups are free of charge and offer helpful information and support. Call the contact person listed for exact meeting times and locations:

	1 1		0
	Aurora	Consuelo	303-367-2813
	Boulder	Carrie	303-678-6157
	Capitol Hill (Denver)	Deidrea	720-917-3973
•	Colorado Springs	Dave	719-236-1416
•	Englewood	Jena`	303-239-0336
•	Fort Collins	Jerry	970-214-2912
•	Grand Junction	Rainy	970-241-6023
•	HIV/HCV Co-Infected	Kim	303-862-0407
•	Lakewood	Betsy	303-237-1150
•	Pueblo	Rhonda	719-546-6666 x 136
•	VA (Veterans Only)	Jena`	303-239-0336

COLORADO TESTING SITES FOR HEPATITIS C

These sites are subject to change and **may have restrictions**. It is recommended that you **call the site directly** before you go to the location. <u>Free testing is only offered if</u> the client reports *injection drug use, sex with a hepatitis C-positive person, or receipt of blood transfusion, blood products, or organ transplant before 1992.*

Boulder County Health Department Boulder	303-413-7500
Denver Health, 605 Bannock Denver	303-436-7463
El Paso County Health Department Colorado Springs	719-578-3148
Empowerment Denver	303-320-1989 x 227
Hep C Connection Denver	720-917-3970
Jefferson County Health Department Lakewood	303-239-7171
Mesa County Health Department Grand Junction	970-248-6900
Northern Colorado AIDS Project Ft. Collins	970-484-4469
Sisters of Color United for Education Denver	303-446-8800
Summit Community Care Clinic Frisco	970-668-4040
Western Colorado AIDS Project Grand Junction	970-243-2437 800-765-8594
Planned Parenthood (statewide)	800-230-PLAN

Sliding fee scale, call for information, no free testing.

Viral Hepatitis Program

Colorado Department of Public Health and Environment 4300 Cherry Creek Drive South (DCEED-HEP-A3) Denver, Colorado 80246-1530 Phone: (303) 692-2780 Fax: (303) 759-5257 Website: <u>www.cdphe.state.co.us/dc/hepatitis</u>

The Viral Hepatitis Program seeks to prevent the spread of viral hepatitis in Colorado, limit the progression and complications of viral hepatitis related liver disease, and advocate for viral hepatitis policies and resources. Current activities in the Program include:

> surveillance for acute and chronic hepatitis B and hepatitis C, perinatal hepatitis B case management, hepatitis immunization for high-risk populations, hepatitis C testing for high-risk populations, professional and public education, and referral services for persons currently infected.

Name	Position	Email	Phone
Amy Warner	Hepatitis Manager	amy.warner@state.co.us	(303) 692-2673
Andres Guerrero	Surveillance	andres.guerreo@state.co.us	(303) 692-2720
Donna Cordova	Surveillance	donna.cordova@state.co.us	(303) 692-2616
Michele Heinzman	Perinatal Hepatitis B Case Manager	michele.heinzman@state.co.us	(303) 692-2761
Vanessa Johnson	Surveillance	vanessa.johnson@state.co.us	(303) 692-2622
Sandy Rios	Surveillance	sandy.rios@state.co.us	(303) 692-2965
DeAnn Ryberg	Adult Viral Hepatitis Prevention	deann.Ryberg@state.co.us	(303) 692-2674

For more information, contact the Program staff:

	Coordinator		
Candace Vonderwahl	Surveillance Coordinator	candace.vonderwahl@state.co.us	(303) 692-2687
Vickie Weeast	Perinatal Hepatitis B Case Manager	vickie.weeast@state.co.us	(303) 692-2715

HIV/HCV: RESOURCES FOR CO-INFECTION

The AIDS Coalition for Education (ACE) publishes a comprehensive Colorado resource directory of HIV services. You can access it online at <u>www.acecolorado.org</u> or call 303-830-0706. The Medical & Marketing Liaison at Hep C Connection, Stewart Thomas, can be reached at 720-917-3970 or <u>sthomas@hepc-connection.org</u>.

Colorado AIDS Project	303-837-0166
Boulder County AIDS Project	303-444-6121
Northern Colorado AIDS Project	970-484-4469
Southern Colorado AIDS Project	719-578-9092
Western Colorado AIDS Project	970-243-2437
National Aids Treatment Advocacy Project	888-26-NATAP
Women's Lighthouse Project	303-344-1878
Project Angel Heart	303-830-0202
HIV/HCV Co-Infection Support Group	303-862-0407

INFORMATION ABOUT HEPATITIS C

Several of these organizations have websites that are listed on pages 24-27.

Colorado Department of Public Health & Environment Viral Hepatitis Line	303-692-2780
Centers for Disease Control & Prevention (CDC)	888-443-7232
Children's Hospital, Liver Clinic, Denver	303-837-2969
Parents of Kids with Infectious Diseases (PKIDS)	877-557-5437
RMCHealth - Prevention Information Center	303-239-8633
American Liver Foundation	800-465-4837
Hepatitis B Foundation	215-489-4900

Hepatitis Foundation International	800-891-0707
Hepatitis HelpLine - Hep C Connection	800-522-HEPC (4372)
Hepatitis Magazine (subscription info)	800-792-6397
Hep C Alert!	877-435-7443
Latino Organization for Liver Awareness (LOLA)	888-367-5652
Veterans Aimed Towards Awareness	302-633-5357
Clinical Trials Also see website listings on page 25.	
University of Colorado	303-315-1128
Rocky Mountain Clinical Research	303-279-1550

Pharmaceutical Company Programs

South Denver GI

Provides treatment assistance for people with no insurance and/or low income. Also have educational materials and healthcare professionals to answer questions.

303-788-8888

Infergen Aspire Support	888-668-3393
Roche Pegasys Resource Center	877-734-2797
Schering Commitment to Care	800-521-7157
Transplant Organizations	
Donor Awareness	888-388-8605
www.donor-awareness.org	
Promotes awareness and education in Colorado.	
American Transplant Foundation	303-757-0959
www.americantransplantfoundation.org	
Raises awareness and seeks better policy through leg	islative reform.
National Foundation for Transplants	800-489-3863
www.transplants.org	
Raises funds for operations, provides help with trave	el and drugs, and negotiates
with healthcare providers on patients' behalf.	
Transplant Recipient International Organization	n 800-TRI0386
www.trioweb.org	
Nation wide support network for nationts and famili	

Nation-wide support network for patients and families.

United Network for Organ Sharing (UNOS)	888-894-6361
www.unos.org Advance organ availability and transplantation by uniting and communities for the benefit of patients.	l supporting our
US Department of Health & Human Services <u>www.organdonor.gov</u> Division of Transplantation, information, and referral.	301-443-7577
National Transplant Assistance Fund www.transplantfund.org	800-642-8399

Fundraising assistance for uninsured medical expenses.

VACCINES

Anyone with hepatitis C should consider vaccination. Hepatitis A and hepatitis B vaccines can effectively prevent additional assaults on the liver caused by hepatitis A or hepatitis B viral infections. Individuals undergoing treatment should talk to their physicians and make sure they are up-to-date on their immunizations. Check the websites listed below to find a clinic near you. People with specific risk factors may qualify for vaccine at a reduced cost. Most insurance plans will cover vaccines.

Immunization Program, Colorado Department of Public Health and Environment – provides a list of travel clinics in Colorado and information on adult immunization schedules.

<u>http://www.cdphe.state.co.us/dc/Immunization/index.html</u> You can also find the contact information for your local health department at: <u>http://www.cdphe.state.co.us/as/locallist.asp</u>.

The National Immunization Program at the U.S. Centers for Disease Control and Prevention – provides a variety of information on all vaccines.

http://www.cdc.gov/nip/

StopHep.com – provides a list of state programs. http://www.stophep.com/StopHep/

Immunization Action Coalition – provides information on all vaccines including schedules, safety, and recommendations. http://www.immunize.org/states/index.htm

AGENCIES FOR PEOPLE WITH DISABILITIES

Colorado Springs Independence Center 719-471-8181 To empower persons with disabilities to maximize their independence within the community and to remove barriers which impact their quality of life, while encouraging them to live independently in their community.

Disability Center for Independent Living303-320-1345Denver agency that seeks to help people with disabilities achieve greaterindependence to enhance their quality of life and increase employment options,offers information and referral and advocacy services.Easter Seals Colorado303-233-1666Easter Seals offers a wide variety of programs & services such as the Center forAdaptive Technology, supported employment services, equipment purchaseassistance, exercise classes, and information and referral.Fort Collins Disabled Resource Services970-482-2700Provides a variety of services in areas of advocacy, awareness and access such asemployment, independent living, equipment loan and information and referral.

Boulder, Longmont Center for People with Disabilities 303-772-3250 Offers advocacy and legal aid, peer counseling, independent living skills training, employment, financial issues, and information and referral.

Connections for Independent Living (Greeley) 970-352-8682 Centers for Independent Living (CIL) are regional organizations that provide services to help people with disabilities stay in the community.

Mesa County Center for Independence (Gr. Junction)	970-241-0315
Moffit County Independent Life Center (Craig)	970-826-0833
Sangre De Cristo Independent Living Center (Pueblo)	719-546-1271
Southwest Independent Living Center (Durango)	970-259-1672

Assistive Technology Partners 800-255-3477 Provides information for people with disabilities on finding funding and offers classes to learn computer skills, adaptive computing, internet, etc.

Atlantis Community 303-733-9324 Advocacy and information and referral services related to housing, employment, transportation, recreation, etc. for people with disabilities.

COUNSELING / MENTAL HEALTH

Suicide & Depression Crisis Hotline 24-hours a day:

888-SUICIDE (888-784-2433) or (800-273-TALK)

Community Mental Health Centers and Clinics provide mental health services including emergency/suicide services, evaluations, outpatient counseling, medication management, etc. Sliding scale fees; Medicaid/Medicare and private/supplemental insurance generally accepted but ask when you call for an appointment.

Adams Community Reach Center	303-853-3500
Arapahoe/Douglas Mental Health Network 24-hour Emergency Services (Note: Service area does not include Aurora)	303-797-9346 303-795-6187
Asian Pacific Development Center	303-393-0304
Aurora Mental Health Center	303-617-2300
Aurora Comitis Crisis Center	303-343-9890
Centennial Mental Health Center (Sterling)	970-522-4392
CENTUS Center (formerly Samaritan Counseling)	303-639-5240
Colorado West Regional (Glenwood Springs)	970-945-2241
Greeley – North Range Behavioral Health	970-353-3686
Jefferson Center for Mental Health	303-425-0300
Larimer County Mental Health	970-494-4300
Mental Health Center of Boulder County	303-443-8500
Mental Health Center of Denver Mobile Crisis Line	303-504-1250 303-436-4100
Mesa County Suicide Prevention Coalition (Grand Junction)	970-241-6022
Midwestern Colorado (Montrose)	970-249-9694

Pikes Peak (Colorado Springs)	719-572-6100
Pueblo Suicide Prevention Center	719-544-1133
San Luis Valley (Alamosa)	719-589-3673
Servicios De La Raza (bilingual)	303-458-5851
Maria Droste Services (Denver)	303-756-9052

COUNSELING - COMMUNITY BASED

El Futuro Drop-in center for gay and bisexual Latino men.	720-904-7125
It Takes a Village	303-367-4747
Sisters of Color United for Education	303-446-8800
The Center (gay, lesbian, bisexual, transgender)	303-733-7743

The Spot (for youth) 303-291-0442 The Spot's mission is: help at-risk urban youth have fun and mature into productive adults by providing a safe, supportive night-time environment that encourages respect, creativity, education, employment, and career and youth development.

National Alliance for the Mentally Ill

303-321-3104

DOMESTIC VIOLENCE/ABUSE: HOTLINES & SHELTERS

If you are experiencing increased stress or violence in a relationship, these agencies can provide counseling and crisis intervention.

Denver Metro:

Adult Protection Services (at-risk adults)	800-773-1366
Denver Safehouse	303-318-9989
Denver Crime Victim Services	303-894-8000
Domestic Violence Initiatives for Women with Disabilities	303-839-5510

Project Safeguard

303-863-7233

Anti-Violence Program303-852-5094Serving the LGBTQ community in the Denver metro region

Southern Colorado: Alamosa:	Tu Casa, Inc.	719-589-2465
Canon City:	Family Crisis Services	719-275-2429
Colorado Springs:	TESSA	719-633-3819
Pueblo: Pueblo:	Catholic Charities YWCA Family Crisis Shelter	719-544-4233 719-545-8195
La Junta:	Arkansas Valley Resource Center	719-384-7764
Northern Colorado: Fort Collins:	Crossroads Safehouse	970-482-3502
Fort Morgan: Greeley:	Domestic Violence A Woman's Place	970-498-6300 970-356-4226
Loveland:	Alternatives to Violence	970-669-5150
Sterling:	Help for Abused Partners	970-522-2307
Western Slope: Aspen:	Response: Help for Battered Women	970-925-SAFE
Avon/Vail:	Resource Center of Eagle County	970-949-7086
Frisco:	Advocates for Victims of Assault	970-668-3906
Glenwood:	Advocate Safe House Project	970-945-4439
Leadville:	Advocates of Lake County	719-486-3530
Salida:	Alliance Against Domestic Violenc	e719-539-7347
Woodland Park:	Teller County Advocates	719-687-3335

EMPLOYMENT

The following agencies help people with disabilities gain and/or retain employment. Some also work with employers by helping them understand the benefits of voluntary compliance with the ADA (Americans with Disabilities Act). Also see the Legal Section on Page 21-22 for additional resources regarding discrimination.

Arapahoe Community College Career Center Career research library and job placement.	303-797-5805
Catholic Charities Employment Resource Center	303-294-0241 x 1074
Center for Work Education & Employment Helps low income adults prepare, find, and keep jobs.	303-892-8444
Colorado Department of Labor & Employment Information on unemployment benefits, Workers Compensati	303-620-4700 on & employment.
Colorado Vocational Rehabilitation Services Provides vocational assessments, training, and placement. Ca and equipment that will help people to become employed. Denver: 303-866-4150 Durango: 970-247-3161 Fort Collins: 970-223-9823 Glenwood Springs: 970-945-9174 Grand Junction: 970-248-7103 Montrose: 970-249-4468	Offices statewide n fund training
Roots Program Trains people with disabilities in computer skills, business, acc careers in many areas. Must go through vocational rehabilitat above) first. This program is housed at the Community Colleg Check with your local community college for additional resou	ion services (see ge of Denver.
Curtis Park Community Center Self sufficiency programs for people in Metro Denver.	303-295-2399
Denver Urban Ministries Job counseling, placement, referrals, emergency services.	303-355-4896
Disability Center for Independent Living Offers vocational counseling, job development, and job placen Denver residents with disabilities.	303-320-1345 nent for Metro
Easter Seals Colorado	303-233-1666

Supported employment services, training in computers, and adaptive equipment.

Colorado Springs: 719-574-9002

Equal Employment Opportunity Commission Investigates allegations of discrimination.	800-669-4000 303-866-1300
Employment & Training County Office Offers employment services, including employment counselir Adams County: 303-453-8600 Boulder County: 303-301-2900 Denver County: 720-865-5700 Tri County (includes Jefferson): 303-271-4700	Offices statewide ng and job referral.
Jewish Family Services	303-597-5000
Job Accommodation Network Assistance with reasonable accommodations and the America Act.	800-526-7234 ns with Disabilities
Mi Casa Resource Center for Women Offering entrepreneurial training and small business planning placement and career counseling; GED and English as a Secon classes; education, wellness, and youth leadership activities; c development.	id Language
Regis University Employment Job Line	303-458-4386
Rocky Mountain ADA Technical Assistance Answers questions related to the Americans with Disabilities	800-949-4232 Act.
Stride Self sufficiency services for Adams, Arapahoe, & Jefferson Co	303-238-3580 unty.
Urban League of Metro Denver To help African American and other residents of metro Denve economic equality and self-reliance. Hosts a jobs database.	303-388-5861 er attain social and
U.S. Department of Justice, ADA Information Line	800-514-0301
Westside One-Stop Career Center	720-944-1615
Work Options for Women	720-944-1122

9to5 Working Women Fund

Employment counseling, job leads, access to computers, fax, classes.

EXERCISE CLASSES

Exercise is beneficial for people with hepatitis C. Check with your physician before beginning any new physical activity program. Check your local listings for current offerings in your area. Some examples of listings to check:

303-628-0925

Park and Recreation Departments YMCA/YWCA Rehabilitation Centers Yoga Schools Tai Chi Societies Water aerobics/swimming classes

FINANCIAL / FOOD HELP

Benefits Check Up <u>www.benefitscheckup.org</u> To find out what state & national programs you are eligible for. Online application only.

Consumer Credit Counseling303-632-2227Help with budgeting, bankruptcy, and financial counseling.

County Departments of Social Services Offices statewide Financial and emergency help for low-income people. Offers cash assistance, food stamps, and Medicaid programs to people who meet the eligibility requirements. Check your phone book for listings under "County".

Denver Urban Renewal 303-534-3872 Low interest loans for home modification and repairs. Other counties, check listings under county services.

Emergency Financial Services and Food Banks (Metro-Denver):

Aurora Family Assistance Center	303-363-9543
Aurora Interchurch Task Force	303-360-0260
Catholic Charities	303-742-0828
Denver Department of Human Services	720-944-2031
Denver Indian Center	303-937-0401
Denver Indian Family Resource Center	303-871-8035

Food Bank of the Rockies	303-371-9250
Good Shepherd Catholic Church	303-322-7706
Heat Help Line	866-432-8435
Inter-Faith Task Force	303-789-0501
JeffCo Action Center	303-237-7704
Lutheran Family Services	303-922-3433
Metro CareRing	303-860-7200
Salvation Army	303-295-3366
Servicios De La Raza	303-458-5851
SHARE Colorado	303-428-0400
Urban League	303-388-5861
Volunteers of America	303-295-2165

Food Stamps

Offices statewide

The Colorado State Food Stamps Program assists low-income individuals and families who need assistance purchasing food. Gross monthly income of most households must be 130% of federal poverty level or below. Call your local county social service office.

Low Income Energy Assistance Program (LEAP) Help with utility bills. Call your local county social service office.

Mile High United Way Helpline211This telephone service provides information and referral to community services
in Colorado. www.unitedwaydenver.org.

Project Angel Heart	303-830-0202
Home delivered meals for people too ill to cook for themselves	5.

Seniors Answers and Services	303-333-3482
Social Security Administration	800-772-1213

Offers two types of disability income, Social Security Disability (SSDI) and

Supplemental Security Income (SSI) for people who can no longer work and who meet Social Security guidelines. Call your local Bar Association for attorneys who specialize in Social Security Disability cases. Hep C Connection also has additional information that can be sent to you. You can now apply online at <u>www.ssa.gov.</u>

HEALTH CARE FOR LOW INCOME / NO INSURANCE

Clinics: These are some of the clinics that <u>may</u> provide evaluation for people who have tested positive for HCV or may be able to refer you to a specialist for further evaluation. Many provide sliding scales and indigent care but be sure to find out about fees when you make the appointment. You can also call your County Department of Public Health for current clinic information or your closest hospital.

Colorado Community Health Network, 303-861-5165, offers federally funded clinics with a sliding fee scale to low-income residents. Clinics are located statewide. Check website for more info & locations: <u>www.cchn.org</u> and see listings below.

If you live in Denver County, see the listings below under Denver Health for several community clinics where you can see a primary care physician for an initial appointment. Then ask about a referral to the Hep C Clinic at the Davis Pavilion at Denver Health for further evaluation to see if you need a biopsy or possibly treatment for hepatitis C.

If you live outside of Denver County and do not have insurance, call the **Metro Community Provider Network** at 303-761-4825 or <u>www.mcpn.com</u> (and see below) for referral information about their facilities. These clinics can refer you to the Gastro Clinic at University Hospital for further evaluation and possibly treatment. Ask for a viral load and genotype test in order to be seen at University.

Colorado Indigent Care Program (CICP)

303-866-2580

This is a statewide program that provides care to people who meet the financial requirements based on a sliding fee scale. The program requires co-pays of enrolled individuals and families and currently covers families to 250% of the Federal Poverty Level. Only certain hospitals and clinics provide services for CICP; for Denver residents you must be seen at Denver Health or one of their satellite clinics (see below). For provider directory, locations and further information, visit their website at <u>www.chcpf.state.co.us</u> and click on the link to CICP/medically indigent. You must apply and be denied for Medicaid if you appear to be eligible for Medicaid to be eligible for CICP. You may still be eligible for CICP if you have Medicare and other health insurance. If approved, services may include emergency care, inpatient care, outpatient care and prescription drugs but services differ by provider. You never have to pay more

than 10% of your income in a year for care. This is not an insurance program but a way that providers get reimbursed for providing care.

Denver Health Community Services:

You must complete a financial screening if you do not have health insurance in order to get a blue card to be seen at Denver Health clinics. Call 303-436-3651 for times, locations, and questions regarding requirements. If you have a blue card, call 303-436-6065 X 1 X 0 to get an appointment to the Hep C Clinic at Denver Health. If you have questions about applying for Medicaid, CHP+, CICP, CHS, etc. call 720-956-2300 for enrollment assistance.

Denver Health (main number)	303-436-6000	
Eastside Adult Clinic	303-436-4604	
General Medical Clinic	303-436-6065	
LaMariposa Health Station720-9	956-2260	
Lowry Family Health Center	303-436-4545	
Park Hill Family Health Center	720-956-2820	
LaCasa Quigg Newton	303-436-8700	
Samaritan House (Homeless)	303-294-0241	
Stout Street (Homeless Only)	303-293-2220	
Westside Family Health Center	303-436-4200	
Metro Community Provider Network (M	ACPN) Clinics	303-761-4825
Aurora:		
Aurora: Hoffman Heights	303-343-6130	
	303-343-6130 303-343-6736	
Hoffman Heights	00000000000	
Hoffman Heights Helena	303-343-6736	
Hoffman Heights Helena Parker Place	303-343-6736 303-752-8070	
Hoffman Heights Helena Parker Place Potomac St.	303-343-6736 303-752-8070 303-360-3712	
Hoffman Heights Helena Parker Place Potomac St. Englewood Jefferson County	303-343-6736 303-752-8070 303-360-3712 303-788-0782	
Hoffman Heights Helena Parker Place Potomac St. Englewood Jefferson County	303-343-6736 303-752-8070 303-360-3712 303-788-0782 303-239-9964	
Hoffman Heights Helena Parker Place Potomac St. Englewood Jefferson County Lakewood (Estes Street) 303-2	303-343-6736 303-752-8070 303-360-3712 303-788-0782 303-239-9964 202-2911	
Hoffman Heights Helena Parker Place Potomac St. Englewood Jefferson County Lakewood (Estes Street) 303-2 Lakewood (Eiber and Stein)	303-343-6736 303-752-8070 303-360-3712 303-788-0782 303-239-9964 202-2911 303-761-4825	
Hoffman Heights Helena Parker Place Potomac St. Englewood Jefferson County Lakewood (Estes Street) 303-2 Lakewood (Eiber and Stein) Littleton Health & Wellness Center	303-343-6736 303-752-8070 303-360-3712 303-788-0782 303-239-9964 202-2911 303-761-4825 303-738-9043	

Clinica Campesina Health Services

720-322-7084

303-692-2960 or 800-359-1991

Thornton, Westminster, Lafayette

Cover Colorado, Uninsurable Health Insurance Program303-863-1960Provides high-deductible insurance to people who cannot get insurance from
commercial insurers because they have pre-existing conditions.

Child Health Plan Plus (CHP+)

Child Health Plan Plus is health insurance coverage for low income children under 19 years of age, who are not eligible for Medicaid, and whose families have incomes at or below 205% of federal poverty level.

Children's Hospital	303-837-2740
Denver Rescue Mission (homeless)	303-294-0157
Doctors Care For people with no health insurance or with Medicaid and Arapahoe Counties. Must complete application ar guidelines.	
Family Healthline Helps find free or low cost health care, eligibility guid	303-692-2229 lelines.
Free Medicine Foundation Help in finding free prescriptions for people with no i	800-812-5152 insurance.
Indian Health Services Provides emergency vouchers for dental, optical, med Proof of tribal membership and photo ID required.	303-781-4050 lical, bus tokens, etc.
Inner City Health Care, Denver	303-296-1767
La Clinica Tepeyac, Denver	303-458-5302
National Alliance for Hispanic Health	202-387-5000
Partnership for Prescription Assistance	888-477-266 9
St. Joseph's Hospital Caritas, Denver	303-318-2250
Other Denver Metro Area: Tri County Health Department (Northglenn) 9547 Tri County Health (Adams, Arapahoe, Douglas) Englewood Jeffco Clinic	303-452- 303-341-9370 303-788-0782 303-239-7078
Sheridan Health Services	303-781-1636
Outside of Denver:	
Alamosa Area, Valley Wide Health (10 clinics) Serves 12 counties in Southern Colorado.	719-589-5161
Alamosa Family Medical Center	719-589-3658
Boulder:	

Avista Adventist Hospital 1000	303-673-
Clinica Campesina (Lafayette) Boulder County People's Clinic Dental Aid (Boulder County Low income residents only)	303-665-9310 303-449-0858 303-665-8228
Black Hawk Area: Mountain Family Health	
Black Hawk, Gilpin, Boulder, Nederland, Garfield, Pitkin, and Eagle area.	303-582-5276
Buena Vista and Salida, Heart of the Rockies	719-530-2000
Burlington, Parke Health Center	719-346-9481
Cesar Chavez, Saguache County	719-754-2778
Cripple Creek, Southern Teller County Health	719-632-5700
Colorado Springs Area:	
El Paso, Pikes Peak Region Community Health Centers	719-630-6440
Medical Services Clinic	719-632-5700
Homeless Clinic 719-471	
High Country Health Center (Fairplay) St. Francis Penrose	719-836-1900
St. Francis Penrose	719-776-3108
Dolores County Dove Creek Community	970-677-2291
Durango – Valleywide Health	970-247-2611
Elbert County, Plains Medical Center Adams, Arapahoe, Elbert, Kit Carson and Lincoln counties.	719-775-2367
Fremont Valleywide Family Medical Clinic	719-275-2301
Glenwood Springs Mountain Family Clinic 970-945	5-2840
Grand Junction, St. Mary's	970-244-2087
Grand Junction, Marillac Clinic	970-255-1782
Greeley, Sunrise Community Health	970-353-9403
Guadalupe Health Center, Antonito	719-376-5426
Huerfano County La Clinica	719-746-2244
LaJunta Valley Wide Health	719-383-5900

Lamar & Prowers Co. High Plains Community	y Health	719-336-0261
Larimer County Ft. Collins Family Medical Center Loveland Community Health Center		970-495-8800 970-669-4855
Las Animas Valley Wide Health Services		719-456-2653
Logan County, Crook Family Health Cente	er 970-886	-2092
Loveland Community Health		970-353-9403
Mancos Valley Health Center		970-533-9125
Mesa County Marillac Clinic St. Mary's Family Practice		970-255-1782 970-244-2800
Moffat County Care Clinic		970-824-2273
Monte Vista, Rio Grande Medical Center		719-852-2512
Morgan County, CO Plains Clinic Wiggins Family Clinic, Brush Family Ho	ospital	970-867-3391 970-842-6202
Phillips County, Holyoke Family Practice		970-854-2500
Pueblo County Community Health Centers	3	719-543-8718
Rocky Ford, Valley-Wide Health Services		719-254-7623
Saguache County, Cesar Chavez Family Me	ed.	719-754-2778
San Luis Health Center		719-672-3352
San Miguel County Uncompangre Combin	ned Clinics	970-327-4233
Salud Family Health Centers Brighton Salud Clinic Commerce City Salud Clinic Estes Park Salud Clinic Frederick Salud Clinic Ft. Collins Salud Clinic Ft. Lupton Salud Clinic Ft. Morgan Salud Clinic Longmont Salud Clinic	303-892-6401/800 303-659-4000 303-286-8900 970-586-9230 303-833-2050 970-494-4040 303-892-0004 970-867-0300 303-776-3250)-388-4325

Sterling Salud Clinic	970-526-2589
Sedgwick Valley Medical Clinic	970-474-3323
Stratton Medical Center	719-348-4650
Teller County, Divide Health Center	719-632-5700
Trinidad, Mount San Rafael Hospital	719-846-9213
Walsenburg, Spanish Peaks Regional	719-738-4544
Washington County, Akron Clinic	970-848-4615
Wray Clinic	970-332-4811
Yuma County, Grassroots Clinic	970-848-4615
DENTAL KIND (children without Medicaid in Tri-Con	unty area)303-288-6816
Salud (adult emergency only for Adams Cou	anty) 303-286-8900
UCHSC Student Dental Clinic	303-724-6942
Denver Health Dental Department	303-436-6440
Denver Health Westside Dental	303-436-6440
Denver Health Eastside Dental	303-436-4740
Dental Aid (Boulder County only)	303-499-7072
Denver Rescue Mission Offers medical, dental, and optical services	303-294-0157

HOUSING

Call your county housing authority or county human services for information on subsidized or low cost housing.

Access Housing

303-289-7078

Almost Home (Adams County only)	303-659-6199
Catholic Charities	303-287-1127
Colfax Community Network	303-360-9175
Colorado Housing & Financial Authority	303-297-2432
Community Housing Services, Inc. Offers info & referral on housing, home ownership programs,	303-831-1935 legal resources.
Habitat for Humanity	303-534-2929
Landlord Tenant Disputes	303-831-1935
Rocky Mountain Housing (subsidized housing)	303-863-8651
SHELTERS - Overnight:Shelter Referral HotlineEmergency shelter303-56Family support lineBoulder Shelter for the HomelessColorado Coalition for the HomelessColorado Coalition for the HomelessCrossroads - Salvation ArmyDenver Rescue MissionNew Genesis (a shelter for single men)Sacred Heart House (mothers and children)Samaritan House (for families, single men/women)Theodora House (a shelter for single women)Stride (offers Transitional Housing)Jeffco Action Center (a shelter for families)Interfaith Hospitality Network (a shelter for families)Growing Home (a shelter for women and children)House of Hope (a shelter for women and children)Family Homestead (emergency for up to 90 days)Delores Project (a shelter for single women over 18)	303-695-7996 303-442-4646 303-293-2217 303-298-1028 303-297-1815 303-831-4910 303-296-6686 303-295-7837 303-620-9190 303-363-6335 303-237-7704
YOUTH PROGRAMS Urban Peak (Youth Shelter - Under 21 yrs.) Comitis Crisis Center	303-777-9198 303-343-9890

contras crisis center	000 010 7070
Gemini House (11-17 years)	303-235-0630

The Spot Sox Place Standup for Kids	303-291-0442 303-296-3443 303-892-8328
DAY SHELTERS: The Gathering Place (Women and Children) St. Francis Center (Men and Women) 303-297 Senior Support Services (Age 55 and older)	303-321-4198 7-1577 303-832-1622
INSURANCE, MEDICARE & MEDICAID	
Colorado Foundation for Medical Care Hotline 303-695	
Colorado Insurance Commissioner For questions about insurance laws and regulations.	800-727-7086 303-894-7499 800-930-3745
Health Insurance Counseling800-544-9181/For seniors or people on Social Security Disability.	303-899-5151
Long-term Care Ombudsman For complaints regarding nursing home care.	800-288-1376
Ombudsman Service – Medicaid Resolves complaints with Medicaid issues.	303-830-3560 877-435-7123
Medicaid First Help Line For those who want to know if they qualify for Medicaid.	800-283-3221
Medicaid Customer Service Information Line Medicare Health Insurance Hotline	303-866-3513 800-633-4227
Partnership for Prescription Assistance 888-477	7-2669
Patient Advocate Foundation Provides legal and managed care consulting services.	800-532-5274
Patient Services, Inc. Non-profit assistance for chronic conditions.	800-366-7741
LEGAL HELP	
American Civil Liberties Union	303-777-5482

Boulder County Legal Services	303-449-7575
Call a Lawyer: Law line 9 Channel 9: Every Wednesday 4:15 to 6:30 p	p.m. 303-698-0999
Catholic Immigration Services	303-742-4971
Center's Legal Initiatives Project (CLIP) Offers legal advocacy and referrals for the GLBT com	303-733-7743 munity & those with HIV.
Child Support Enforcement	720-944-2960
Colorado Bar Association303-80Pro bono programs are located across the state.	60-1115/800-332-6736
Colorado Civil Rights Division	303-894-2997
Colorado Consumer Line	800-222-4444
Colorado Legal Services, Main Office Formerly Legal Aid Society of Metro Denver.	303-837-1313
Consumers Affairs/Legal Assistance Help through the Denver/Boulder Better Business Bu	303-758-8200 Ireau.
Family & Medical Leave Act U.S. Dept. of Labor Info Line.	720-264-3250
Guardianship Alliance of Colorado Help for adults who have guardianship questions.	303-423-2898
Legal Clinic – Denver Dept. of Human Service Third Tues. of the month. Call for times and location.	s 720-944-2594
Legal Center for People with Disabilities (Den Includes the HIV Legal Project.	ver) 303-722-0300 800-288-1376
Legal Center for People with Dis. (Grand Junct	.) 970-241-6371
Metropolitan Lawyer Referral Service	303-831-8000

MASSAGE

These schools may offer reduced rates:	
Boulder College of Massage Therapy	303-530-2100
Colorado School of Healing Arts	303-
986-2320	

ACUPUNCTURE

Acupuncture & Healing Center	303-255-2680
Front Range Acupuncture	303-949-0620
Acupuncture & Oriental Medicine, LLC	303-337-2866
Insight Acupuncture	303-715-1573

PRISONER RE-ENTRY

The following organizations provide help to individuals who have recently been released from prison. Denver Metro Prisoner Re-Entry Initiative 303-320-1989 x 213 **Empowerment Program** 303-320-1989 Denver Works 303-433-0300 Dept. of Corrections, Faith & Citizen Prog. 719-226-4481 Div. of Adult Parole, Community Corrections 303-763-2420 Friends in Transition 303-952-5881 MCCR - JobStart Program 303-860-1819 x 17 New Foundations Non-Violence Center 303-825-2562 303-297-8010 Project Redemption Road Called STRATE 303-360-9176 Turnabout, Inc. 303-813-0005

TATTOO REMOVAL

The following Denver area organizations provide tattoo removal and
have received positive reviews:Rocky Mountain Laser Aesthetics303-985-8520Tattoo Must GO303-781-8181Expert Laser Removal303-355-7550Ink-B-Gone (Central Denver)303-777-5795Ink-B-Gone (North Denver)303-280-5795

SUBSTANCE ABUSE

People with hepatitis C should stop drinking alcohol immediately and seek treatment if they need help to stay sober. Injection drug users have an extremely high risk of becoming infected with hep C. Bleaching needles may not kill the virus. The best way to be safe is to seek treatment for drug problems. There are over 500 treatment programs around the state. Check with the Colorado Alcohol and Drug Abuse Division (ADAD) at 303-866-7480 for a list of licensed programs.

Harm Reduction Project

Outreach, overdose prevention, Drop in center.

Al-Anon/Alateen	888-425-2666
Alcoholics Anonymous	303-322-4440
Arapahoe House	303-657-3700
ARTS	303-333-4288
Aurora Center for Treatment	303-340-8990
Boulder Clinic	303-245-0123
C.A.D.R.E.C.	303-295-2521
CATS	303-394-2714
Cocaine Anonymous	303-421-5120
Colorado Springs Treatment Center	719-475-7052
The Council	303-825-8113
Crystal Meth Anonymous	303-293-9664
Denver Area Youth Services	303-698-2300
Denver Behavioral Health Center	303-629-5293
Denver Cares Detox Facility	303-436-3500
Denver Health Outpatient Behavioral	303-436-5690
Eagle Lodge	303-329-6789
Empowerment Program	303-320-1989
Narcotics Anonymous	303-832-3784
North Denver Behavioral	303-487-7776
Project Safe	303-315-0950
Salvation Army	303-294-0827
Stout Street Foundation	303-321-2533
Veteran's Administration	303-393-2882

SYRINGES

The safest way to stop spreading hepatitis B, C, and HIV/AIDS is to *stop injecting*. But if you choose to continue to use, using a brand new needle is safer than sharing or even bleaching. Also do not share cottons, cookers, rinse water and the drug itself. Here are some places in the Denver area that sell syringes and are considered "friendly pharmacies".

Albertson's	3125 S. Sheridan Blvd.	
Capital Heights	1200 Madison St.	
Colorado	701 E. Colfax Ave.	
Cornell	2190 E. 18 th Ave.	
King Soopers	890 S. Monaco	

303-572-7800

Raleigh	4200 W. Conejos Pl.
Rite Aid	750 16 th St.
Skyline	939 E. 11th Ave.
Tobins	4100 W. Colfax
Walgreens	950 S. Quebec St.
Windsor Garden	9660 E. Alameda Ave.
Yosemite Drug	8962 E. Hampden Ave.

TRANSPORTATION

Denver Metro Area:

Community Resources (Arapahoe County)	303-738-8040
Community Wheels - Senior Resource Center	303-235-6972
Lakewood Rides (Jefferson County)	303-987-4827
Littleton Omnibus (Arapahoe County)	303-795-3700
Medicaid Transportation	800-284-5150
Mobile Access	303-274-9895
Red Cross (fee charged)	303-722-7474
RTD Bus Routes	303-299-6000
RTD Access-a Ride (must schedule an assessment first)	303-299-2960
Outside Denver:	
Ft. Collins Dial-A-Ride	970-224-6066

Ft. Collins Dial-A-Ride Steamboat Springs Transit

WEBSITES

Be careful when you go on the Internet to get information. Sites that end in "org" are typically organizations. "Edu" sites are usually from educational organizations or universities and "gov" sites are government sites. But "com" sites are commercial sites where you may encounter advertising and items for sale.

970-879-3717

HEPATITIS C SITES:

 www.hepc-connection.org - Hep C Connection
 www.cdphe.state.co.us/dc/hepatitis - Colorado Department of Public Health and Environment, Viral Hepatitis Program
 www.cdc.gov/nsidod/diseases/hepatitis/hepatitis.htm - CDC Hepatitis Branch
 www.hcvadvocate.org - HCV Advocate Support Project
 www.hepcchallenge.org - Hepatitis C Caring Ambassadors
 www.HIVandHepatitis.com - HIV & Hepatitis Information
 www.texasliver.org - Texas Liver Coalition
 www.hepeducation.org - Hepatitis Education Project
 www.liverfoundation.org - American Liver Foundation
 www.hepfi.org - Hepatitis Foundation International
 www.immunize.org - Immunization (Hep B) Action Coalition www.hepnet.com - Hepatitis Information Network www.hepatitisneighborhood.com - Hepatitis Neighborhood www.hepB.org - Hepatitis B Foundation www.drkoop.com -Hepatitis chat at Dr. Koop's Community www.nationalhepatitis-c.org - National network; education, support, advocacy www.liverdisease.com - Home page of Melissa Palmer, MD www.uchsc.edu/sm/aids - HIV/HCV Center of Excellence www.natap.org - Information about HIV/HCV co-infection www.hepatitis.va.gov - Veterans Administration site www.veteranshepaware.com - Veterans hep C organization www.hepcvets.com - Veterans and hepatitis C www.pkids.org - Parents of Kids with Infectious Diseases www.geocities.com/hepcquilt - Hepatitis C quilt information and where it will tour www.hepatitis-central.com - Miscellaneous information www.hepcnetwork.org - National Hepatitis C Advocacy Council www.hepcan.org - Hep C Advocate Network www.vaccine.org - Allied Vaccine Group

MEDICAL SITES:

www.webmd.com - Web MD, health info & support needs
 www.aasld.org - American Association for the Study of Liver Diseases
 www.acg.gi.org - American College of Gastroenterology
 www.gastro.org - Digestive Health Initiative
 www.mdexpress.com - Physician website
 www.niddk.nih.gov - Nat'l Digestive Diseases Info Clearinghouse
 www.pubs.ama.assn.org - Journal of the American Medical Association
 www.nlm.nih.gov - National Library of Medicine
 www.thelancet.com - Lancet Interactive independent medical journal
 www.theACPA.org - American Chronic Pain Association

CLINICAL TRIALS:

<u>www.centerwatch.com</u> – CenterWatch Clinical Trials Listing Services <u>www.clinicaltrials.gov</u> - Listing of research studies <u>www.veritasmedicine.com</u> – Listings of clinical trials <u>www.ifpma.org/clinicaltrials</u> - Links information about clinical trials worldwide

HEALTH INSURANCE:

<u>www.dora.state.co.us/insurance</u> - Colorado insurance information <u>www.medicare.gov</u> - Federal site for Medicare info <u>www.patientadvocate.org</u> - Insurance and financial resources, etc. <u>www.healthinsuranceinfo.net</u> - Insurance regulations by state

COMPLIMENTARY AND ALTERNATIVE MEDICINE:

<u>www.nccam.nih.gov</u> - National Center for Complimentary and Alternative Medicine Clearinghouse <u>www.nccaom.org</u> - National Certification Commission of Acupuncture <u>www.thriveonline.com</u> – ThriveOnline, nutrition, fitness, weight, sexuality <u>www.objectivemedicine.com</u> – Alternative medicine options for hep C <u>www.holisticmedicine.org</u> – American Holistic Medical Association <u>www.naturopathic.org</u> – American Association of Naturopathic Physicians <u>www.nccaom.org</u> – National Certification Commission for Acupuncture & Oriental Medicine

GOVERNMENT OFFICES:

www.ssa.gov - Social Security Administration
 www.va.gov - Veterans Administration
 www.fda.gov - Food and Drug Administration
 www.nih.gov - National Institute of Health
 www.congress.org - Identify your legislators and send them an e-mail message
 www.eeoc.gov - Equal Employment Opportunity Commission
 www.benefitscheckup.org - To determine eligibility for government programs
 www.govbenefits.gov - To determine eligibility for programs and how to apply
 www.AIDSinfo.nih.gov - HIV/AIDS research, treatment, prevention, medical

PHARMACEUTICAL COMPANIES:

<u>www.helpingpatients.org</u> - Database for patient assistance programs <u>www.freeMedicine.com</u> - Prescription drug assistance program <u>www.themedicineprogram.com</u> - Prescription drug assistance program <u>www.amgen.com</u> - Amgen <u>www.pegasys.com</u> - Roche <u>www.sch-plough.com</u> - Schering Plough <u>www.infergen.com</u> - Valeant <u>www.hepcfight.com</u> - Roche <u>www.all-about-hepatitisc.com</u> - Schering <u>www.pparx.org</u> - Partnership for Prescription Assistance

SUBSTANCE ABUSE TREATMENT:

www.alcoholicsanonymous.org – Alcoholics Anonymous
www.al-anon-alateen.org – Help for family members of alcoholics
www.na.org – Narcotics Anonymous
www.crystalmeth.org –Help for crystal meth addiction
www.hcvanonymous.com – 12 step support group for those with HCV
www.hcvanonymous.com – 12 step support group for those with HCV
www.harmreduction.org – Harm Reduction Coalition
www.cdc.gov/outreach - Outreach to injection drug users
www.adultchildren.org – Adults whose lives were affected by alcoholic parents
www.aca-usa.org - American Council on Alcoholism
www.nlcatp.org - Latino Council on Alcohol & Tobacco

<u>www.adultchildren.org</u> – Adult children of alcoholic parents <u>www.tweaker.org</u> – Crystal meth users <u>www.crystalneon.org</u> – Crystal meth users <u>www.samhsa.gov</u> – Substance abuse and mental health services, federal agency

TRANSPLANTS:

<u>www.transplants.org</u> - National Foundation for Transplants <u>www.trioweb.org</u> - Transplant Recipient International Org. <u>www.unos.org</u> - United Network for Organ Sharing <u>www.organdonor.gov</u> - US Dept. of Health & Human Services <u>www.transplantfund.org</u> - National Transplant Assistance Fund <u>www.donor-awareness.org</u> - Donor Awareness Council <u>www.americantransplantfoundation.org</u> - American Transplant Foundation

NOTES